TOP TIPS

for Keeping Your Children Safe Online

Virgin media

Young children shouldn't give out their name, number, location or photo

Remind teens that once material is online, you can't control who sees it or how it's used. They should only ever contact known friends online and never anyone they don't know.

Teach your child not all information found online is correct, accurate or relevant

Check out **www.bemediasmart.ie** by Media Literacy Ireland to help tell the difference between reliable and unreliable media sources.

Ask your children to show you what they like to do online

Don't be surprised if your child is reluctant to show you their profiles, social media can be seen as a parent-free zone. Know passwords and set rules around content and usage limits. Check out the pages for parents on **www.webwise.ie**

Use Virgin Media's FREE and easy Parental Controls

Virgin Media's Parental Controls restrict access to websites that contain age inappropriate content, while connected to your home broadband. **www.virginmedia. ie/broadband/learn-about-broadband/parentalcontrols/**

Sign up to Virgin Media's award winning Online Armour internet security from online security experts F-Secure

Online Armour helps keep you and your family protected online from all manner of threats and internet nasties. **www.virginmedia.ie/onlinearmour/**